

IBC Menu
2011-2012
Week 2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Continental	Eggs/Bacon	Pancakes	Ham/Egg Bagel	flavored scones	appleturnovers	Brunch
		Fresh Fruit	Waffles	fruit cocktail	Fresh Fruit	Fresh Fruit	
		Bagels	Fresh Fruit	Fresh Fruit	Bagels	Bagels	
		Cereal	Bagels	Bagels	Cereal	Cereal	
		Yogurt	Cereal	Cereal	Yogurt	Yogurt	
		boiled eggs	Yogurt	Yogurt	boiled eggs	boiled eggs	
		Instant oatmeal	boiled eggs	boiled eggs	Instant oatmeal	Instant oatmeal	
			Instant oatmeal	Instant oatmeal			
Lunch	Guest Chef	Sloppy Joes	Chicken	Hot Dog's	Popcorn	cheeseburgers	
		shoestring	Quesadilla	Mac & Cheese	chicken	curly fries	
		fries	Refried	mixed vegetable	diced potato	Pickle spear	
		green beans	Beans/Spanish	banannas	steamed carrots	jello salad	
		orange slices	rice	brownie	biscuit		
			strawberry		applesauce		
			churro		choc. chip cookie		
Dinner	Hot Dogs	Grilled Chicken	Breaded Por Chop	Chicken Alfredo	Teriyaki Chicken	Ribeye steak	Soup and Bread bowl
	Chips	Rice Pilaf	garlic mashed potato	Garlic Bread	White Rice	Loaded Garlic Mashed	Salad
		Roasted Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
		Dessert	Dessert	Dessert	Pot Sticker	Dessert	